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Yum! ¡MmMm! ¡Qué Rico!: America's Sproutings (Spanish Edition)



Synopsis

Peanuts, blueberries, corn, potatoes, tomatoes, and more—here is a luscious collection of haiku celebrating foods native to the Americas. Brimming with imagination and fun, these poems capture the tasty essence of foods that have delighted, united, and enriched our lives for centuries.

Exuberant illustrations bring to life the delicious spirit of the haiku, making *Yum! Mmm! Qué Rico!* America's Sproutings an eye-popping, mouth-watering treat. Open it and dig in!

Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

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Age Range: 5 - 11 years

Grade Level: Kindergarten - 6

Customer Reviews

Yum! MmMm! Que Rico! America's Sproutings / Brotes de la Américas, written by Pat Mora and illustrated by Rafael López, is available in both English and Spanish editions, although I will be reviewing the latter. In this wonderful collection of poetry, Pat Mora takes us on a gastronomic journey of the Americas through a series of fun haikus. Each poem focuses on a crop native to these continents, culminating in a full harvest of celebration and praise. The descriptions of food and cuisine alongside the bright, multicolored illustrations at once awaken the senses while guiding readers through the history of agriculture in the Americas. Mora introduces her book by acknowledging the influence of her anthropologist husband who teaches about the origins of agriculture, an inspiration that certainly resonates throughout her collection. Readers will

undoubtedly revel in this delicious feast of knowledge, art and poetry. Each page is dedicated to a specific food. The poems on each page follow the structure of Japanese haikus, a form of poetry in which each poem consists of seventeen syllables. At the bottom of each page Mora also provides a paragraph of background information about where the food can be found, where it originates, and how various cultures tend to prepare it. This book is most suitable for children ages 7-12. Although the long, informative paragraphs on each page might be more interesting for older readers, younger readers will surely appreciate the anthropomorphic images of, for instance, a dancing pineapple and a smiling piece of toast. The collection has an unfettered tone of cheer and delight that will spread to readers of all ages.

Beware: This book will make you feel hungry! Through Pat Mora's wonderful haikus (a traditional and very popular form of Japanese poetry) and Rafael L'pez's vivid illustrations, we are introduced to a wide variety of foods from the Americas. From blueberries and papaya, to pumpkin and vanilla, readers will have the opportunity to discover and learn about crops that have been growing in our lands for centuries. Mora uses this opportunity to present us with 14 different types of foods accompanied by a haiku, an illustration, and an informational paragraph for each. This combination effectively makes this book a fun, poetic, and informational read. Mora's short poems strive to capture the various feelings and sensory experiences we encounter when we eat and enjoy these foods. The informational paragraph provides us with the etymology, origin and uses for each food, and some of them even include national holidays across the region that celebrate them. Even though food is the main character of the book, children and nature are presented throughout each page, as they interact with the food that is being discussed. Through cheerful and colorful illustrations, L'pez supports Mora's words with lively anthropomorphic foods, suns and moons, friendly animals, and picturesque landscapes. The book also embraces the real diversity of the Americas, giving us multiethnic and multiracial children and their families enjoying and being part of this magic realism journey of foods and words. Among the food, colors, and haikus there is an important aspect that is constant throughout Yum! Mmmm! Qu' rico!

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